

## Student Meal Prices:

Breakfast: \$1.75

Lunch: \$3.25

## Items Offered Daily:

- Big Daddy Pizza
- Regular/ Spicy Chicken Sandwich
- Salads
- Sub Sandwich/ Potato Chips
- Bean and Cheese Burrito
- Pizza Crunchers
- Wraps
- Fresh Fruit and Vegetables
- Fruit Juice

All Meals are served with a choice of milk  
1% White  
Fat Free Chocolate

Money may be deposited into your students meal account by sending cash or personal checks to the school's cafeteria or online using the "MyMealTime" app.

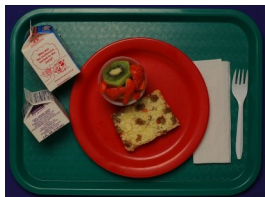

We reserve the right to make menu substitutions as necessary.

## USDA Requirements:

Lunch should include 1/2 cup serving of fruit and/ or vegetable.

## Menus for March 2020

Ripon High School ; Ripon Unified School District

Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Cheeseburger and Tater Tots	Dumplings, Chow Mein Noodles w/ Broccoli Eggroll	Chicken Tenders Potato Wedges WW Roll	Chicken/ Rice burrito Refried Beans Tortilla Chips	Fish Sticks OR Hot and Spicy Nuggets w/ Wedges, WW Roll
Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
Cheeseburger and Tater Tots	Lasagna with Breadstick	Chicken Tenders Potato Wedges WW Roll	Beef Burritos/ Re-fried Beans/ Tortilla Chips	Fish Sticks OR Chicken Wings w/ Carrots and Celery Pack
Monday, March 16	Tuesday, March 17	Wednesday, March 18	Thursday, March 19	Friday, March 20
Cheeseburger and Tater Tots	Orange Chicken, Steamed Rice w/ Broccoli Eggroll	Chicken Tenders Potato Wedges WW Roll	Rotini in Meat sauce w/ Breadstick	Crispy Chicken Leg w/ Waffle
Monday, March 23	Tuesday, March 24	Wednesday, March 25	Thursday, March 26	Friday, March 27
Cheeseburger and Tater Tots	Orange Chicken, Steamed Rice w/ Broccoli Eggroll	Chicken Tenders Potato Wedges WW Roll	Chicken/ Rice burrito Refried Beans Tortilla Chips	Meatball Sub Macaroni and Cheese
Monday, March 30	Tuesday, March 31			
Cheeseburger and Tater Tots	Orange Chicken, Steamed Rice w/ Broccoli Eggroll	  		

## March

- National Nutrition Month
- National Agriculture Day (March 24)
- National School Breakfast Week (March 2-6)



Developed by School Nutrition Services, N.C.  
Department of Public Instruction.  
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