

Monday	Tuesday	Wednesday	Thursday	Friday	
No School	5 Manager's Choice	6 Manager's Choice	7 Manager's Choice	8 Manager's Choice	Harvest & MONTH
11 Macaroni and Cheese Drumstick	Galaxy Cheese Pizza	13 Chicken Nuggets WG Roll	Corn Dog Blueberry Crisp	15 Turkey Sandwich Lays Chips	
Martin Luther King Jr. Day	Pulled Pork Sandwich Dorito	Chicken Nuggets Scooby Snacks	Chicken Soup Grilled Cheese	Hamburger Potato Triangle	Broccoli -Broccoli can be eaten raw, steamed, boiled or friedBroccoli is 89% waterThere are three types of broccoli commonly grown for consumption, -
25 Chicken Patty Sandwich	Burrito Special Sauce	27 Chicken Nuggets WG Roll	28 Sloppy Joe's Frito Chip	29 Long Board Pepperoni Pizza	-Calabrese broccoli, sprouting broccoli and purple cauliflowerBroccoli is a good source of fiber and proteinIn the United States, California produces 90% of the crop.

Fresh and/ or canned Fruit and Vegetables are available every day.

A variety choice of white or chocolate milk is offered.

The USDA and the CDE are Equal opportunity providers and employers. Menu is subject to change.