

Student Meal Prices:

Breakfast: \$1.75

Lunch: \$3.25

Items Offered Daily:

- Big Daddy Pizza
- Regular/ Spicy Chicken Sandwich
- Salads
- Sub Sandwich/ Potato Chips
- Bean and Cheese Burrito
- Pizza Crunchers
- Wraps
- Fresh Fruit and Vegetables
- Fruit Juice

All Meals are served with a choice of milk
1% White
Fat Free Chocolate

Money may be deposited into your students meal account by sending cash or personal checks to the school's cafeteria or online using the "MyMealTime" app.

We reserve the right to make menu substitutions as necessary.

USDA Requirements:

Lunch should include 1/2 cup serving of fruit and/ or vegetable.

Menus for October 2019

Ripon Unified School District: Ripon High School

Monday, September 30	Tuesday, October 1	Wednesday, October 2	Thursday, October 3	Friday, October 4
Cheeseburger and Tater Tots	Pulled Pork Sandwich w/ Dorito Chip	Chicken Tenders Potato Wedges WW Roll	Beef Burritos Refried Beans Tortilla Chips	Orange Chicken Chow Mein Noodles Egg Roll
Monday, October 7	Tuesday, October 8	Wednesday, October 9	Thursday, October 10	Friday, October 11
Cheeseburger and Tater Tots	Chicken/ Rice burrito Refried Beans Tortilla Chips	Chicken Tenders Potato Wedges WW Roll	Fish Sticks with Tater Tots	Hot and Spicy Nuggets Seasoned Wedges Goldfish Crackers
Monday, October 14	Tuesday, October 15	Wednesday, October 16	Thursday, October 17	Friday, October 18
Cheeseburger and Tater Tots	Pulled Pork Sandwich w/ Dorito Chip	Chicken Tenders Potato Wedges WW Roll	Beef Burritos Refried Beans Tortilla Chips	Orange Chicken Steamed Rice Vegetable Egg Roll Steamed Vegetable
Monday, October 21	Tuesday, October 22	Wednesday, October 23	Thursday, October 24	Friday, October 25
Cheeseburger and Tater Tots	Turkey in Gravy Mashed Potatoes Hot Vegetables WW Roll	Chicken Tenders Potato Wedges WW Roll	Chicken/ Rice burrito Refried Beans Tortilla Chips	Teriyaki Beef Dunkers Steamed Rice Egg Roll Steamed Broccoli
Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
Cheeseburger and Tater Tots	Pulled Pork Sandwich w/ Dorito Chip	Chicken Tenders Potato Wedges WW Roll	Fajita; Chicken and Cheese Quesadilla Refried Beans Tortilla Chips Holiday Cookie	Orange Chicken Chow Mein Noodles Egg Roll
Side Choices	Side Choices	Side Choices	Side Choices	Side Choices
Tater Tots Baby Carrots Veggie Bag/ Ranch Shredded Lettuce Sliced Tomatoes	Tossed Salad Baby Carrots Veggie Bag/ Ranch Steamed Broccoli Olive Cup	Caesar Side Salad Baby Carrots Veggie Bag/ Ranch Olive Cup	Refried Beans Tossed Salad Baby Carrots Veggie Bag/ Ranch	Tossed Salad Baby Carrots Veggie bag/ ranch Olive Cup



Developed by School Nutrition Services, N.C.
Department of Public Instruction.
NC DPI and USDA are equal opportunity providers

The USDA and the CDE are equal opportunity providers and employers.