

Wellness Policy Meeting Minutes

Location: Phone/ Zoom

Thursday, July 30, 2020

1. Welcome!
2. Members Present: Pearl Lo (Food Service Supervisor); Lisa Mazza (Director of Student Services)
3. Share Table:
 - a. Success: Finally starting the Triennial assessment
 - b. Challenges
 - i. Distance learning
 - ii. Maintaining policy and practicing it for students at home
 - iii. Online zoom meetings
4. Review of Wellness Policy:
 - a. Current policy is BP 5030
5. New Business
 - a. Triennial Assessment (Per CDE website)

The LSWP requirements apply to LEAs who participate in the NSLP and SBP. It mandates that all LEAs meet expanded LSWP requirements set forth in Section 204 of the HHFKA. The LSWP provision established the framework for the content of LSWP, ensures stakeholder participation in the development of such policies, and requires triennial assessment of compliance and reporting on the progress toward achieving the LSWP goals. Since June 30, 2017, the LSWP, at a minimum, must include:

Measurable goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness

Nutrition guidelines for all foods and beverages sold or made available on school campus during the school day

Policies for food and beverage marketing

Requirements that stakeholders be provided opportunities to participate in the development, implementation, and periodic review and update of the wellness policy

A plan for measuring effectiveness that is measured triennially and made available to the public

Annual notification informing and updating the public (parents, students, and others in the community) about the content and implementation of the LSWP

Designation of one or more LEA officials or school officials by position or title, to ensure that each school complies with the LSWP

6. Completed Well Sat Assessment. Referenced BP 5030.
7. Scheduled next meeting: TBA