






NOVEMBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bar Fresh Fruit Milk Variety	Banana Bread Fresh Fruit Milk Variety	Pop Tart Fresh Fruit Milk Variety	Mini Donuts Fresh Fruit Milk Variety	Muffin Fresh Fruit Milk Variety
Cereal Bar Fresh Fruit Milk Variety	Yogurt w/ Graham Crackers Fresh Fruit Milk Variety	 Veterans Day	Honey Bun Fresh Fruit Milk Variety	Manager's Choice Fresh Fruit Milk Variety
Cereal Bar Fresh Fruit Milk Variety	Cinnamon Roll Fresh Fruit Milk Variety	Pop Tart Fresh Fruit Milk Variety	Manager's Fresh Fruit Milk Variety	
<h1>Thanksgiving Break</h1>				
Cereal Bar Fresh Fruit Milk Variety	Honey Bun Fresh Fruit Milk Variety	Pop Tart Fresh Fruit Milk Variety	Mini Donuts Fresh Fruit Milk Variety	 Manager's Choice Milk Variety

Harvest of the MONTH



BUTTERNUT SQUASH

- Provides a great source of vitamin A.
- It grows on a vine and when the vegetable turns to a deep orange, it becomes sweeter, richer and more ripe.
- Eating butternut squash can improve lung health.
- Butternut squash is available year-round, with peak season in the fall through winter.
- You can eat the seeds! Just bake them.

The USDA and the CDE are Equal opportunity providers and employers.
Menu is subject to change.