



COVID-19 Student Prevention Protocols

Conduct a daily self-health assessment at home. Student will be checked before entering any school building.

1. Temperature check – If above 100°, student will not be allowed at school and/or will need to be picked up promptly.
2. If student has experienced any of the following symptoms that are unusual for them, in the last 14 days, student will not be allowed at school and will need to be picked up promptly:
 - Cough
 - Difficulty breathing or shortness of breath
 - Sore throat
 - Chills and body aches
 - Headache
 - New loss of taste or smell
 - Diarrhea
 - Nausea or vomiting

If any of the above symptoms:

- Student is requested to stay home from school
- Student may contact their personal Health Care Provider for assessment

Positive Test: Students who test positive will be instructed to isolate based on current San Joaquin County Public Health Services Isolation Orders.

Exposures: In the past 14 days, if student has been in close contact with anyone who displays the known symptoms above of COVID-19, or has been in close contact with a confirmed positive case of COVID-19, please contact your student's school. You will be asked follow up questions to determine a quarantine timeline, based on current San Joaquin County Public Health Services Quarantine Orders and CDPH K-12 Guidance (see Quarantine and Isolation guide).

Travel: If you have traveled outside of California, we recommend following CDC Travel Recommendations.

Physical Distancing

- Distance yourself from others when possible. In the event of an outbreak, further physical distancing measures may be implemented.

Protecting Self and Others

- Masks are required to be worn at all times indoors for all students, unless a medical exemption is provided. A faceshield may be worn in lieu of a mask only if there is a medical exemption. Masks may be removed for eating/drinking and when outdoors.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands frequently with water and soap for at least 20 seconds; especially:
 - after going to the bathroom
 - before eating
 - after blowing your nose, coughing, or sneezing
 - after touching surfaces in commonly used areas and/or touching shared items
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry

- Cover coughs and sneezes with a tissue, then throw the tissue in the trash. If tissues are not available, cough or sneeze into the inside of your elbow

Sanitation

- Using RUSD provided sanitizer, all work surfaces are to be cleaned and disinfected.

Return to School After Symptoms:

The following return to school guidelines are based on California Department of Public Health Guidance. A student may return to school after exclusion for symptoms at home or in school when:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
- Other symptoms have improved; AND
- They have a negative test for SARS-CoV-2 (**must be a PCR/Molecular test**), OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.

CDPH K-12 School Guidance:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

CDPH Testing Guidance:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Updated-COVID-19-Testing-Guidance.aspx>

By signing below, I certify that I have been advised of the Ripon USD COVID-19 Student Prevention Protocols and expectations.

Student Signature

Date

Student Name

Parent Signature

Date

Parent Name

***Please return this form completed and signed to your student's school office.**



COVID-19 Isolation and Quarantine Guide

Employee (CalOSHA)	
Positive COVID-19 Test	Isolate - 10 days from symptom onset or positive test (whichever was first). Begin counting the day symptoms started or the day the test was taken.
Exposure: FULLY Vaccinated	No quarantine – self monitor for symptoms and recommend test.
Exposure: Not Vaccinated	Quarantine 10 days following the date of exposure. Begin counting day after exposure. Return on day 11. Example: exposed on the 1 st , quarantine 2 nd -11 th , return the 12 th .
Student (CDPH School Guidance)	
Positive COVID-19 Test	Isolate - 10 days from symptom onset or positive test (whichever was first). Begin counting the day symptoms started or the day the test was taken.
FULLY Vaccinated	No quarantine – self monitor for symptoms and recommend testing 3-5 days after exposure. Quarantine ONLY if symptoms start. Proof of vaccination required.
Not Vaccinated Modified Quarantine (if all parties are masked at time of exposure)	If a student is asymptomatic, they can continue to go to school if they undergo at least twice weekly testing during the quarantine window. Home tests must be done on site to verify authenticity (Antigen testing). Students do not have to wait for results to remain in class (PCR testing). Per CDPH, the first test should be taken the day they are notified of exposure. Subsequent testing should occur at least 3 days apart. Modified quarantine can end after day 7 if a diagnostic specimen is collected after day 5 from the date of last exposure and test is negative. Begin counting the day after exposure. Cannot participate in extracurricular activities (sports or other after school activities). <u><i>If a student is unable to test, they must follow the quarantine guidelines below.</i></u>
Not Vaccinated Quarantine (if limiting testing OR unmasked at time of exposure)	Option 1: Quarantine and test after day 5, if negative, can return after day 7. Begin counting the day after exposure. Example: Exposed on the 1st, test on the 7th, if negative return on the 9th. OR Option 2: Quarantine 10 days following the date of exposure. Begin counting the day after exposure. Return on day 11. Example: exposed on the 1st, quarantine 2nd-11th, return the 12th.

*These options are from the current CDPH K-12 Guidance and can be subject to change if the guidance is updated from CDPH.

Notes:

- Exposure includes anyone within 6ft for more than 15 minutes – can be cumulative over 48-hour window.
- Anyone exposed should continue to monitor themselves for symptoms for a full 14 days after release from a 7 or 10-day quarantine. If symptoms begin within 14 days of exposure, they must isolate and follow up with a healthcare provider.
- A positive case is considered contagious 48 hours prior to their symptoms starting or positive test (whichever is first). Example: If an individual tests positive on the 3rd, anyone they were around on the 1st or 2nd would be a close contact.
- In the event that multiple cases arise within one classroom, an outbreak may be identified. This could result in further implementation of quarantine measures, such as an entire class closure.
- When living in the household with a positive individual, an exposed individual's last exposure date is the last day the positive individual is contagious. (If they cannot FULLY separate from one another).

Links for Quarantine/Isolation Counting and Timelines:

- Public Health Quarantine and Isolation
 - http://www.sjcphs.org/Isolation_Quarantine.aspx
- CDPH School Guidance
 - <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>
- Counting examples from CDPH (at bottom of page)
 - <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/CDPH-Home-Quarantine-Guidance.aspx>